It takes 8-10 years of additional training to make this list.

Take one minute to see if your plastic surgeon is on it.
The word “plastic” comes from the Greek word “plastikos” meaning to mould or give form. Plastic Surgery does just that - it gives new form to the human body.

FACIAL PLASTIC SURGERY IS JUST ONE AREA OF A PLASTIC SURGEON’S EXPERTISE.

FACIAL PLASTIC SURGERY PROCEDURES

CHOOSING YOUR PLASTIC SURGEON
No matter what type of Plastic Surgery you are considering the most important factor in its success will be the surgeon you choose. The best surgical results are achieved by a surgeon with the best training, the best technical and aesthetic ability and who pays close attention to a patient’s safety and care.

Patients are encouraged to consider a doctor who is a member of The Australian Society of Plastic Surgeons (ASPS). The ASPS Checklist is available to assist you in choosing the right surgeon and asking the right questions.

FOR FURTHER INFORMATION CONTACT
THE AUSTRALIAN SOCIETY OF PLASTIC SURGEONS INC.
ON 1300 367 446 OR VISIT OUR WEBSITE
WWW.PLASTICSURGERY.ORG.AU
As Plastic Surgeons, we know beauty is not just skin deep. We also know your skin is extremely important in your overall appearance. For this reason most Plastic Surgeons offer a variety of skin rejuvenation and enhancement procedures.

**PLASTIC SURGERY PROCEDURES FOR THE SKIN**
- Laser Resurfacing
- Dermabrasion
- Chemical Peel
- Photoderm
- Collagen & Restylane Injection
- Fat Transfer
- Lip Enhancement
- Botox Injection

**CHOOSING YOUR SURGEON**
The best surgical results are achieved by a surgeon with the best training, the best technical and aesthetic ability and who pays close attention to a patient’s safety and care.

A Plastic Surgeon can advise on and provide the skin enhancing procedures listed above, as well as advise you on the appropriateness of other more complex surgical procedures.

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For further information contact:

**THE AUSTRALIAN SOCIETY OF PLASTIC SURGEONS INC.**

- **Call:** 1300 367 446
- **Visit our website:** www.plasticsurgery.org.au
YOUR BODY AND PLASTIC SURGERY

Sometimes our body shape is not as we would like it. This can mean a lack of self-confidence, and in some cases physical discomfort.

It may be the result of a busy lifestyle without the time to exercise or the correct attention to diet. Perhaps changes have occurred after childbirth or even following surgical operations. Perhaps Mother Nature has simply not given us the figure we would prefer to have.

Appropriate Plastic Surgery procedures may enhance the aesthetic appearance and proportion of your body shape allowing you to feel more confident and comfortable in your day-to-day life. Consult a Plastic Surgeon for advice.

PLASTIC SURGERY PROCEDURES FOR THE BODY


CHOOSING YOUR SURGEON

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THE AUSTRALIAN SOCIETY OF PLASTIC SURGEONS INC.
www.plasticsurgery.org.au
Telephone: 1300 367 466
Breasts have always been an important part of a woman's body. They are a part of her femininity and sexuality. They are part of being a woman.

Nature provides a wide spectrum of shapes and sizes. At both ends of this spectrum, breasts can be a disappointment or a discomfort, whilst throughout the spectrum, size and shape can vary significantly even in an individual's breasts.

BREAST AUGMENTATION
Many women who seek breast augmentation are suffering from low self esteem. They may be suffering embarrassment due to size or simply have experienced changes after breast feeding.

BREAST REDUCTION
Breast reductions are usually performed to alleviate physical discomfort rather than simply for cosmetic reasons. Large breasts can cause back and neck pain resulting in poor posture and in some cases difficulty in breathing.

BREAST RECONSTRUCTION
The experience of breast cancer can be psychologically demanding for women as they face unique needs following mastectomy. Plastic surgeons can assist an individual's emotional and personal response in discussing the available options.

OTHER BREAST SURGERY PROCEDURES
Breast lift, liposuction, nipple reconstruction and the treatment of asymmetry.

If you have concerns about your breasts consult with a plastic surgeon who is qualified to give you the best advice.

THE AUSTRALIAN SOCIETY OF PLASTIC SURGEONS INC.

Telephone 1300 367 446